

BETTER

THE BANANA KING

What are you **holding** onto
that's **holding** you **back**?

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What's **weighing** you down
because you **refuse**
to **let it go**?

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What are you **holding** onto
that you feel **compelled**
to keep **hidden**?

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What are you **holding** onto
that 's **making**
a **monkey** out of **you**?

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THE BANANA MONKEY TRAP



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Let go of the banana
and run away!

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By holding **on**,
you're holding **off**
the **people**
who **love you** most.

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BANANA SLAVERY



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We already have
a **Master**.

Don't be mastered
by **anything** or **anyone**.

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*Don't you **know**
that when you **offer** yourselves
to **someone** as obedient slaves,
you are **slaves** of the **one** you **obey** -
whether you are slaves to **sin**,
which leads to **death**,
or to **obedience** (to God),
which leads to **righteousness**.*

Romans 6: 16 NIV

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Sin kills.

Obedience
makes things right.

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*But thanks be to God **that**,
though you **used** to be **slaves** to sin,
you have come to **obey** from your **heart**
the (brand new) **pattern** of **teaching**
that has now claimed your **allegiance**.
You have been **set free** from sin
and have **become** slaves
to **righteousness** (right with, not at).*

Romans 6: 17-18 NIV

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When **you** choose
to **follow** Jesus,
obedience **frees** you
from the **weight** of sin.

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*Do you not know
that your bodies are temples
of the Holy Spirit, who is in you,
whom you have received from God?*

*You are not your own;
you were bought at a price.*

*Therefore honor God
with your bodies.*

1 Corinthians 6: 19-20 NIV

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BETTER TOGETHER